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English Wonderland
Writing Collections
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Travelling around Hong Kong

4A Yiu Hins

Dear Sam,

I am excited to go around Hong Kong with you. Here is my plan.

On the first day, we will visit Hong Kong Disneyland. We will watch the parade there. We will go on the exciting rides there too, such as the Big Grizzly Mountain Runaway Mine Cars. After playing, we will have a delicious buffet in the Disney hotel. We will also visit the treehouse and take photos with Ironman. At night, we will watch the amazing fireworks display there. At the end, we will buy some plush toys and souvenirs there.

On the second day, we will visit Hong Kong Ocean Park. We will visit the aquarium to see the sea animals there, such as fish and starfish. We will go to the Sea Jelly Spectacular. There are one dozen jelly fish of all sizes, shapes and colours around the world floating overhead. Then, we will see the sharks. We can get a 360° view of the incredible sea life, such as the sawfish with its saw-like rostrum and the zebra shark with its leopard-like spots all over its body. Then, we will ride on the cable car to go to Old Hong Kong to eat dinner. In the end, we will buy some souvenirs there.



On the third day, we will visit the Peak. We will eat breakfast in a special restaurant. Then, we will go shopping in the Peak Tower. There is a dazzling array of restaurants, shops and entertainment. Then, we will visit the wax museum. We will take photos with the wax figures there. At last, we will go to Sky Terrace 428 to look at the beautiful views of Hong Kong.

I hope you like my plan. I look forward to seeing you in Hong Kong.

Love,
Hins





Unhealthy Eating Habits of Sam

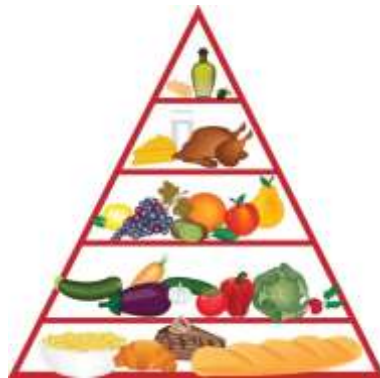
4B Wong Tsz Ho, Lucas

Last Sunday, Sam's mother gave him some money to buy his own lunch. Sam likes eating fried food and drinking soft drinks. Therefore, he bought three hamburgers, a cup of cola and a packet of potato chips for lunch. He was really delighted as he could eat something he likes.

A few hours later, Sam felt very uncomfortable and had a stomachache. Later, he vomited up everything in his stomach. Sam's mother was really worried and brought him to see the doctor. Sam was worried too as he was scared of taking pills. He didn't like them at all.

“You have an unhealthy eating habit, Sam.” Dr. Wong said. “Please take a look at the food pyramid here. You ought to eat more fruit and vegetables as they are rich in vitamins and minerals. Your body needs these nutrients to maintain a well-balanced body. Meanwhile, please control your intake of oily and junk food as they just make you fat.” Dr. Wong added. Sam felt guilty as he didn’t really eat healthily.

From that day on, Sam started eating a lot of fruit and vegetables. Also, he kept drinking sufficient water and did exercise more often. He is fit and strong now.



Changes About Myself

4C Chung Pui Yin, Olivia

Hello ! I am Olivia. I am nine years old. I am a Primary Four student now. Do you want to know what I could do when I was in kindergarten and what I can do now? Let me tell you more about myself.

When I was in kindergarten, I could eat with a fork and a spoon by myself. I didn't need my mum to feed me. Moreover, I could set the table by myself. I could set cutlery such as spoons and chopsticks on the table before meals. I could get dressed by myself. However, I couldn't do up buttons or zips so I needed my mum to help me. Also, I couldn't wash the dishes by myself. It was too difficult for me. My parents

thought it was too dangerous for a kid to stay in a kitchen as well. Usually, my mum needed to do that on her own.

Also, I couldn't mop the floor when I was young. That's too difficult for me. I would wet the ground and slip! I could only set the table by myself. I was happy when I was a kindergarten child.

I am a Primary 4 student now. I can do many things by myself. I can take a shower and wash my hair by myself. I can keep my body clean. In addition, I can tidy up my bedroom by myself too. I make the bed and dust the bookshelf every day. However, I still can't tie my shoelaces because I think it's too complicated. Therefore, I need Dad to teach me. Also, I can't make breakfast by myself but I want to try. I want to know how

to fry eggs.

To conclude, I think I am a smart kid. I can take care of myself and others. I can help with the housework. I want to thank my parents for taking good care of me. They always teach me patiently and I've learnt to be more independent.





Letter of Advice

4D Tse Hiu Yin, Roney

Dear Ken,

Thank you for your letter. I understand your worries. Let's work out some remedies to tackle your problems.

To begin with, you said that your classmates laughed at you because you were chubby. I suggest you do more exercise. For instance, you can play badminton for thirty minutes a day. Pick a sport that you enjoy and do it regularly. I am sure that you will get fit sooner or later.

Besides, it is important to have a balanced diet. Instead of eating too much steak and



chicken, you can have more vegetables such as cauliflower and peas. They contain fibre which enhances the movement of intestines. Vitamins in vegetables can also build your immunity. Start eating more vegetables today! They are good for keeping you healthy.

Last but not least, stay away from fried food and sugary food. The oil and sugar in junk food may cause obesity and tooth decay. You may replace fried food and sugary food with healthy snacks such as nuts and dried fruit. They are low in calories and sugar. Their natural flavor can be as tasty as the unhealthy food.



I hope you can follow my advice. Promise me to resist the temptation of junk food. You will definitely have a stronger and fitter body a few months later.



Love,
Dr. Charlie

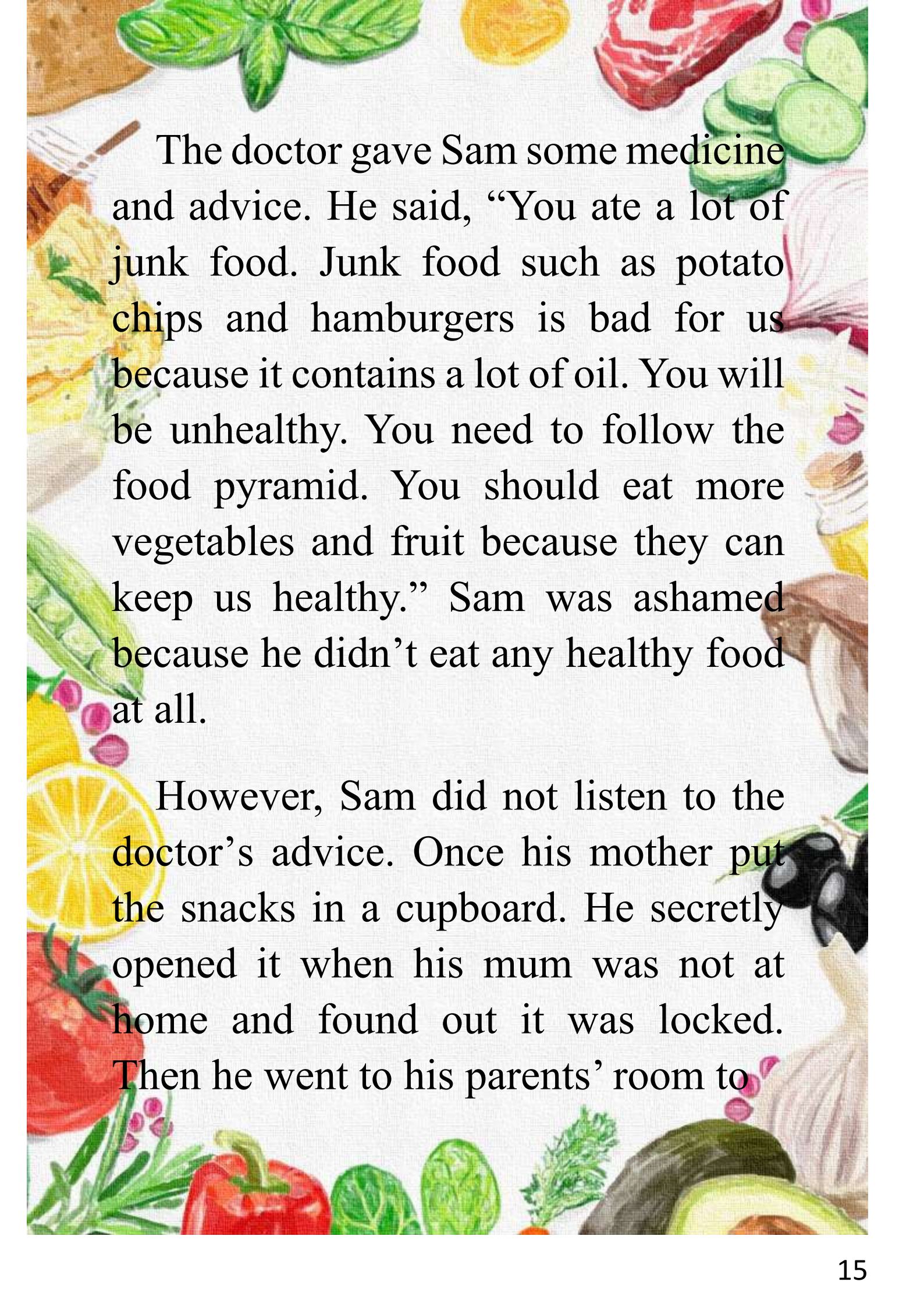


An Unhealthy Diet

4E Xie Jia Qi, Elsa

Last Sunday afternoon, Sam's mother was busy working, so she gave Sam some money to buy his own lunch. Sam went to a supermarket to buy three hamburgers, two packets of potato chips and a cup of cola there. Then he went home and ate the food joyfully. He was satisfied.

Two hours later, Sam was sick and he had a stomachache. He vomited for two minutes. Sam called his mum to come home quickly. When Mum arrived, she said to Sam, "Don't eat too much junk food next time. Let's go to see a doctor." Then they went to a hospital to see a doctor.



The doctor gave Sam some medicine and advice. He said, “You ate a lot of junk food. Junk food such as potato chips and hamburgers is bad for us because it contains a lot of oil. You will be unhealthy. You need to follow the food pyramid. You should eat more vegetables and fruit because they can keep us healthy.” Sam was ashamed because he didn’t eat any healthy food at all.

However, Sam did not listen to the doctor’s advice. Once his mother put the snacks in a cupboard. He secretly opened it when his mum was not at home and found out it was locked. Then he went to his parents’ room to

look for the key. It was empty and finally his mum came and said, “How can you secretly open the cupboard! You can’t eat snacks anymore. You can only eat fruit and vegetables.” Sam felt bad and he regretted for his actions.



An Accident I Had

5A Liu Wai Yin, Brandon



Well, I've had many accidents in my life. I have tripped over, scraped my elbow and banged my head. However, there is one accident that I can always remember. When I was nine years old, I had a really terrible one. It was a finger fracture.



I was at home that afternoon at around 5 o'clock. It was a peaceful day and I was playing with my little sister on the bed. We became over-excited and suddenly I lost my balance and fell down on the floor. I broke my finger. At first, I didn't even realize that my finger was broken. I thought it was a

minor injury. However, it became more and more painful. I told my dad that my ring finger hurt but he just told me to check by myself. I got worried. When my mum got back from work, I told her that my finger was swelling and hurting. She checked it carefully and found that my finger was fractured! She made a simple finger splint and took me to the hospital. Unfortunately, it was my right hand finger and I couldn't write for a long time. I missed my assessment and I didn't have a good holiday either.



I learnt from this accident that we should be more careful when we play. Moreover, I hope our parents can be more patient and careful as well. I felt really unpleasant and upset. Although it healed, I've learnt a lesson.

An Accident that I Saw

5B Su Yanrui, Daron

Last year, I was watching a table tennis match at school. While the match was going on, something happened that I will never forget.

On the day of the match, the players greeted each other and started the match. I was over the moon because one of the players is my brother.



At the beginning, the match was going well. Suddenly, an accident happened. My brother's opponent accidentally hit the ball onto the net and my brother rushed to catch the ball. Unfortunately, he tripped and twisted his ankle.



At that moment, the opponent walked up to my brother and held out his hand to my brother. I looked at the opponent in surprise. I never thought that the opposing player in the match would help my brother. My brother was grateful. He said ‘thank you’ to the opponent and then continued playing.

Finally, my brother won that match. His opponent also received loud applause. I was in awe of him! After that match, I have learnt that the outcome of a match isn’t the most important thing. The most important thing is that we should help others when they are in need.





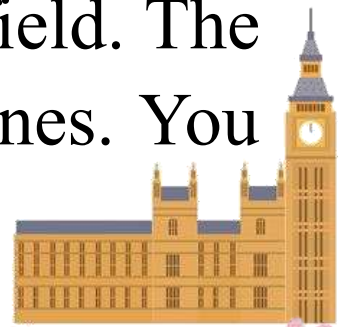
Anson's Family Trip

5C Law Kun Po, Jack

Dear Anson,

Hello, I am Jack. I am going to give you some advice on where you should go. I suggest you go to England. It is a country with a long history. I have visited there twice.

I know that your mum likes taking photos of scenic spots and your dad likes outdoor activities. I suggest you go to Elizabeth Tower and Stonehenge. Elizabeth Tower is the third tallest bell tower in the world. It has a nickname and it is 'Big Ben'. Stonehenge is mysterious. It is in the middle of a field. The heaviest stone weighs up to 10 tonnes. You can take photos of it.





I know that you want to learn about different cultures so I suggest you go to The British Museum. It is the biggest and most historic comprehensive museum in the world. There are many different cultures shown from around the world because the relics were stolen by the British. You can visit some famous streets in London. You will see a lot of bars. They are an important part of British culture. They love drinking in bars.

I suggest you try a high afternoon tea. They are famous in Britain. The more well-known style is Victorian style. I also suggest you eat fish and chips. It is delicious. It is a very common British meal. You can also add some different sauces to it.





You will learn about different cultures like China and Egypt. The environment of Britain is refreshing. I hope you listen to my advice and have an awesome trip! I think this trip is suitable for you, isn't it?



Yours sincerely,
Jack



An Accident that I Saw

5D Fan Yuet An, Alyssa

Many accidents happen at school, home or elsewhere every day. I want to tell you about an accident that I saw.

Last year, I went to China to meet my friend, Lucy. I was playing with her when she broke her arm. Let me tell you more about it. When we were playing tag in the park, we were also having some scrumptious snacks. She was running because she wanted to catch me. Unluckily, she accidentally stepped in a puddle and fell down. At that time, I did not think that it would be a serious injury.



At that moment, people around Lucy stopped playing basketball and started looking at her. Although they didn't laugh at her, she felt very embarrassed. I ran to her quickly and helped her up. She was worried because her arm was in pain. Therefore, we went back home and told her mum about it. Her parents were worried so her dad sent her to the hospital at once. We waited in line to see the doctor for several hours. By then, Lucy was already in excruciating pain. Four hours later, she finally saw a doctor who said that Lucy only had a minor bone fracture. She didn't need to wear a cast. She thanked me for taking care of her. I went back home late that night. I felt relieved because my friend was fine.



From that accident, I learnt that we need to pay more attention to the things around us, even when we are playing. We should try to avoid accidents as much as possible.



Travelling to China

5E Cheung Yuk Ling, Suki

I would suggest China for you to have a family trip. I have visited there ten times. It was the best place that I have ever been to.

Your mum likes sightseeing and loves nature. I suggest that your family goes to Zhangjiajie, China. It is a prefecture-level city. There are lots of high mountains. Then you can go to Yangtze River. It has different colours. Your family can enjoy the beautiful view. Also, you can go to Huangshan Mountain. The view there is gorgeous. Your mum can see the beautiful nature and take more pictures in these places.



Your dad likes learning about culture, so I suggest your family visits the Palace Museum. The building design is traditional and only the Kings of China lived there. Moreover, you can visit Beijing where the Great Wall is located. Your family can learn the culture and history there.

I know that you like eating local food so I suggest your family eats bingtanghulu. It is sweet. It is made with different fruits. It is a traditional snack. Then you can try dumplings. They are a mouth-watering treat. Moreover, you can also try hotpot. You can pick whatever you want to eat. You can enjoy the local food.

I hope you like my ideas and give it a try!
Enjoy the trip!



Pollution in Hong Kong

6A Hu Yan Yuet, Sunny

Good morning, our principal, teachers and schoolmates. There are different types of pollution in Hong Kong. They are air pollution, water pollution, noise pollution and land pollution. I think land pollution is serious in Hong Kong.



Land pollution is a big local problem. It is caused by different human activities. People throw rubbish everywhere. Therefore, the streets are dirty. There are germs everywhere and there are so many rats and cockroaches. We will get sick because they carry lots of bacteria. Also, people like buying new things and throwing away old things. It is wasteful. Moreover, construction sites dump so much waste. Therefore, the

landfills will become full. Furthermore, people cut down so many trees and use them to make furniture, build houses and make paper. Eventually, there will be no trees left.

How can we help reduce land pollution in Hong Kong? Firstly, we can recycle rubbish by using recycling bins. Secondly, we can bring our own bags when we go shopping. We can even bring our own water bottles and utensils when we eat outside. Therefore, we can reduce trash. Thirdly, we can use reusable containers such as water bottles. The more important thing is that we turn off the lights and fans when they aren't being used. Then we can save more electricity.

We should do our best to help save the Earth. We can all give a helping hand to save our environment.



This is the end of my speech. Thank you.

Unforgettable Experience



6B Leung Ho Yuet, Ella

I will never forget the day I went to Ocean Park with my classmates. This was my last outdoor trip in my primary school life.



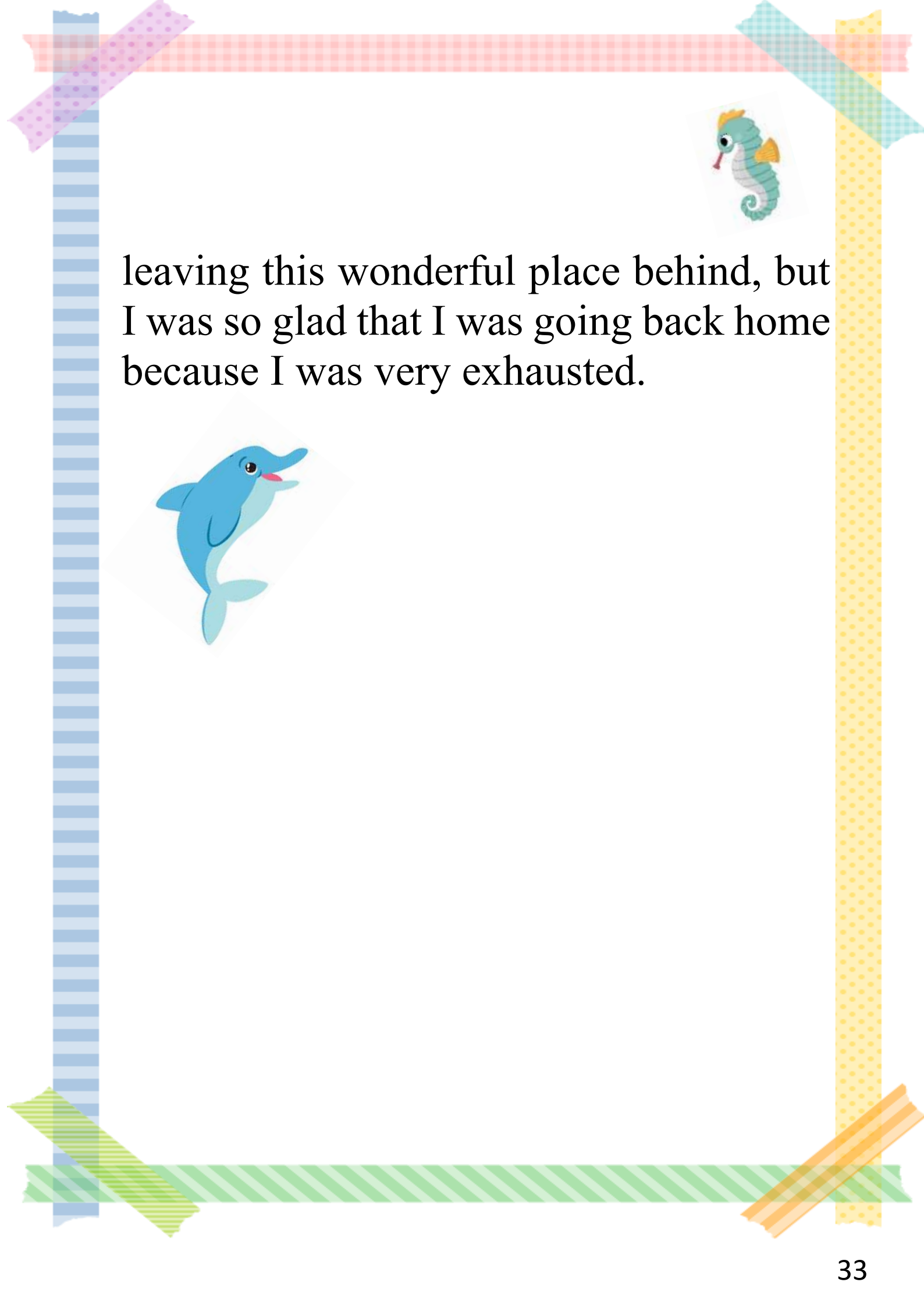
When we arrived at Ocean Park, in front of us was a huge artificial lake. There was a fountain in the middle. At night, there will also be a water curtain show with fireworks in the evening. Near the artificial lake was the aquarium. There were lots of marine lives such as fish, starfish and coral. There was a clear fish tank. More than 400 types of fish were raised there, which attracted many tourists to visit. Later we took the cable car to the top of the mountain to see the lovely penguins. The smell of the

penguin enclosure was very smelly, but the penguins were very cute. I saw the penguins swim very fast just like rockets.

Not too far away from there were two sets of black and white panda statues. They were on the roof of the Big Pandas Home. Pandas are our national treasures. My classmates and I couldn't wait to head inside. I was very lucky. I saw the pandas eating bamboo and drinking water.



Last of all, I think the most memorable experience was visiting the aquarium because the tour guide told us how to protect the ocean. People do not care about marine life, this results in sea animals' lives decreasing or even extinct. This made me care for the environment even more. I had mixed feelings about



leaving this wonderful place behind, but I was so glad that I was going back home because I was very exhausted.



Cheung Chau Bun Festival

6C Shen Chuhan, Sara

Dear Miss Sandie,

How are you? Thank you for letting us know how Christmas is celebrated in Scotland. I am writing to tell you how Cheung Chau Bun Festival is celebrated in Hong Kong.

Cheung Chau Bun Festival, also known as ‘The Bun Festival’, is celebrated on the eighth day of the fourth lunar month. Since it is in Spring, the weather is usually warm and humid. The residents of Cheung Chau celebrate this extraordinary festival to pray for safety from pirates and also eliminate the plague in Cheung Chau.

Before the festival starts, there's a lot of work to do. People prepare buns, new clothes and costumes. Moreover, some grown-ups help to build the enormous buns' towers.

During the festival, a parade of floats is put on. Children around five or six years old, dressed in bright costumes representing figures like the North Emperor perform in the air, supported by special devices made of bamboo and hardwood. They look like flying gods in the parade.



One of the most exciting parts is the 'Bun Scrambling Competition'. Three tall towers full of buns are set up, and people of all ages from all over the world

with even competitors in their 60s join in.

They try to grab as many buns as they can. The thrilling competition takes place at the large football stadium near Pak Tai Temple. The team which gets the most buns wins.



After the competition, competitors distribute the lucky buns, which are marked with red auspicious characters, to share their fortune. People can also purchase these lucky buns, which are believed to bring good luck, from food shops.

The festival is not only an interesting and historical celebration in Hong Kong, but it has also been recognized as part of

the national intangible cultural heritage. About 20,000 tourists visit Cheung Chau for this marvelous event.

I hope you can go to Cheung Chau and enjoy this wonderful festival next year. Also, I wish you happiness every day. I hope you find the information above useful! Maybe you can join me to celebrate it next time.



Best wishes,
Sara

Chinese New Year


6D Cheung Yan Ki, Yanki

Dear Miss Sandie,


How are you? Thank you for letting us know how Christmas is celebrated in Scotland. I am writing to tell you how Chinese New Year is celebrated in Hong Kong.

According to Eastern mythology, there was a horrible beast called Nian which lived on a mountain. Towards the winter when there was nothing to eat, Nian would sleep. It woke up on the first day of New Year and came to the nearby village to eat livestock, crops and even






villagers, especially children. Nian was afraid of loud noises and the colour red, so people lit firecrackers and decorated their homes with red paper to scare away Nian. Nowadays, the New Year celebration is centred around removing the bad and old, and welcoming the new and good.



It is usually winter and cold at Chinese New Year. The date of Chinese New Year is determined by the lunar calendar. The lunar calendar is based on the cycles of the moon, so the date of Chinese New Year is different each year but it is on the first day of the first lunar month.







Before Chinese New Year starts, people clean their homes to remove bad luck and decorate their homes with red lanterns and red paper. Members of the family sit around a big table to have a reunion dinner on New Year's Eve. It is an important meal and a lot of dishes carry special meanings.

During Chinese New Year, people wear traditional Chinese clothes. Those clothes are usually red. They symbolize good luck and fortune. People eat fish because fish signifies abundance, and is a sign of prosperity. Rice cakes and turnip cakes are also eaten. People think





pork brings good luck on New Year's Day so they eat pork too. We have a lot of food with a good meaning to eat at Chinese New Year! People visit their relatives and wish them luck. Children bow with hands together and greet their relatives to get red packets. People believe lucky money in red packets can protect the young from sickness or death. Fruits are given out to help increase the receiver's wealth and luck in the New Year.



How about you? Have you tried any special food and activities for Chinese New Year? Hope you find the



information above useful. Maybe you
can join me to celebrate it next time.

Yours,
Yanki





Naughty Danny

6E Hung Lok Yee, Ivy

One day, Danny broke a vase and ran away because he didn't want his mother to know what happened. He was worried that his mum would hit him. Meanwhile, Mum heard some noise, and she quickly found out what happened. Unfortunately, the vase was expensive so Mum was angry.



Danny ran away from home. His mother yelled at him, 'if you run away, don't you dare come back!' He was scared, so he ran even faster. He went into the forest and set off to look for food.

He was hungry because he didn't eat breakfast. Then, he was surprised because there was a strange cabin, in which there was a lot of food. However, he was scared and careful because if the food was poisonous, he would die! Nevertheless, he was very hungry, so he gobbled them up.



After that, he turned into a pig. An elf suddenly flew over and said to him, 'please promise me not to be naughty in the future, otherwise I will go to the real world to find you, and turn you into a real pig! Please keep your promise.' Danny made a vow. The elf turned him back into a human. Moments later, he woke up. He was confused whether it was a vivid dream or not. but he did not dare to be naughty anymore.

This
is
the End
of
English
Wonderland

The background features several faint, light gray heart outlines of varying sizes. Two white rectangular shapes, resembling paper scraps or sticky notes, are placed behind the text. One is positioned behind the words 'is' and 'the End', and the other is behind 'English' and 'Wonderland'.